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NEWS RELEASE

Attention: General Assignment, Health, Nutrition, Wellness Editors and Reporters

CHIROPRACTIC CARE HELPS TWO-WEEK OLD BABY WITH COLIC, CONSTIPATION, AND SLEEP DISTURBANCE

OTTAWA, June 9, 2010 - A recent article published in *The Journal of Pediatrics, Maternal and Family Health* reports the case study of a 2-week old male patient who showed symptoms of colic, constipation, and a troubled sleep pattern.

The child's mother indicated that her son's birth was normal and without complications. The boy began crying extensively whenever he was not eating or sleeping, and he showed signs of constipation within days after his birth, including a distended stomach and gas. The child's doctors reduced his intake of milk, but no immediate improvement was noted. At night, the child slept intermittently, causing him distress and well as distress for his mother.

"Chiropractic care has helped alleviate the effects of many childhood ailments, including colic," said Ottawa-based Dr. Nathalie Beauchamp. "This type of health care is also without the harmful side effects of many drugs."

In the case of this 2-week old, the mother wanted to try chiropractic care. When the child was presented for his initial examination, he was crying at the and in distress. The examining chiropractor found the existence of *subluxations* in the child's spinal area. The doctor performed the first adjustment, after which the infant has an immediate bowel movement and fell asleep.

"A subluxation is a misalignment of the spine that disturbs normal nervous system function," said Dr. Nathalie Beauchamp. "Many chiropractors, including

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dr. nathalie
BEAUCHAMP

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myself, have technology that allows them to conduct non-invasive tests to assist in locating where such conditions exist.

The patient underwent a regular program of chiropractic care, including spinal adjustments. After the fifth adjustment, the mother reported that the baby's bowel movements were becoming more regular. After just 16 adjustments, the child was sleeping better and all symptoms of constipation and colic had been resolved.

"This is just one case study," explained Dr. Nathalie Beauchamp, and more studies are needed before any absolute conclusions can be drawn."

Dr. Nathalie Beauchamp's chiropractic practice features the Insight Subluxation Station. The Space Foundation certifies this technology; a non-governmental entity founded in cooperation with NASA, and has been used by 8,000 chiropractors worldwide to measure nervous system health and performance.

About Dr. Nathalie Beauchamp

Dr. Nathalie Beauchamp, B.Sc., D.C. is the author of the book *Wellness On The Go: Take the plunge - it's Your Life!* Dr. Beauchamp's passion for wellness is infectious and she passes that along to her patients/clients through her expertise in the areas of fitness, nutrition, lifestyle and optimal health. Dr. Beauchamp is also a certified personal fitness trainer, a professional natural bodybuilder, a business wellness consultant and an inspirational speaker.

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Images available.

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