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NEWS RELEASE

Attention: General Assignment, Health, Nutrition, Wellness Editors and Reporters

LOCAL DOCTOR POINTS TO HOPEFUL CASE STUDY RESULT - CHIROPRACTIC CARE HELPS MULTIPLE SCLEROSIS PATIENT

OTTAWA, May 20, 2010 - According to a recent case study published in the *Journal of Pediatric, Maternal, & Family Health*, a 51-year old female patient suffering from Multiple Sclerosis (MS) and gastroesophageal reflux disease (GERD), among other complaints, sought chiropractic care. She had previously been treated by a number of other health care professionals, including a neurologist and gastrointestinal specialist.

"Chiropractic care is often thought of only in terms of relief from a back or neck injury," said Dr. Nathalie Beauchamp, a Ottawa-based chiropractor who strives to keep current with the latest research and developments in health and wellness.

"But the truth is that case studies suggest many different health problems may respond to a regular program of chiropractic care."

MS is a highly debilitating disease of the central nervous system and is caused by a number of factors. It is diagnosed through a series of tests conducted by medical professionals. There is no known cure for the condition.

This particular patient was examined by her team of chiropractors using an instrument known as the Insight Subluxation Station. They detected the presence of vertebral subluxations in the cervical, thoracic, and lumbar regions.

"A subluxation is a misalignment of the spine that disturbs normal nervous system function," said Dr. Beauchamp. "Many chiropractors, including myself,

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dr. nathalie

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have non-intrusive technology allowing them to conduct Surface Electromyography (sEMG) and thermal imaging tests to assist in locating where such conditions exist.”

About Dr. Nathalie Beauchamp

Dr. Nathalie Beauchamp, B.Sc., D.C. is the author of the book *Wellness On The Go: Take the plunge - it's Your Life!* Dr. Beauchamp's passion for wellness is infectious and she passes that along to her patients/clients through her expertise in the areas of fitness, nutrition, lifestyle and optimal health. Dr. Beauchamp is also a certified personal fitness trainer, a professional natural bodybuilder, a business wellness consultant and an inspirational speaker.

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Images available.

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